

## Clothing Idioms List with Meanings and Examples

Idiom / Phrase	Meaning	Example Sentence
ants in your pants	anxious or nervous	Frank had ants in his pants before taking his exam.
at the drop of a hat	instantly	At the drop of a hat, I called my sister when I heard she was pregnant!
birthday suit	naked	You should try sleeping with your birthday suit on. It's much more comfortable.
buckle down	work hard	Let's buckle down and finish the assignment.
burn a hole in my pocket	spend too much money	I burned a hole in my pocket overpaying on insurance.
by the seat of your pants	achieve instinctively or quickly	That was impressive. You did your graduation speech by the seat of your pants without any preparation.
caught with your pants down	unprepared	Don't get caught with your pants down at a red light. Be ready to drive when it turns green.
dress to kill	dress in glamorous clothes	She is always dressed to kill when she goes to the bar.
fit like a glove	fit perfectly	Those jeans fit her like a glove.
get the boot	get fired	Bob got the boot last week. He needs to find a new job.
handle with kid gloves	handle delicately	Please handle those wine glasses with kid gloves.
hat trick	three goals by one player	Ronaldo scored several hat tricks last season.
have a card up your sleeve	have a secret plan	You had a card up your sleeve and you won the match by distracting the goalkeeper.
keep something zipped up	keep something a secret	He tried to keep the affair zipped up, but his friend told his wife what happened.
keep your shirt on	stay calm	Keep your shirt on and try to relax. The plane will land soon.
off the cuff	improvised	The groom made did wedding speech off the cuff.

pull up your socks	try hard	Good job. You pulled your socks up, studied all day, and aced the test.
put a sock in it	stop talking	Put a sock in it and listen to the teacher!
put yourself in my shoes	sympathize	Put yourself in the my shoes, then you will understand why I did it.
put your thinking cap on	concentrate	You put your thinking cap on and created a brilliant ad for the new product.
ride my coattails	do nothing and let others do all the work	She has been riding my coattails all year and I don't get any credit for my effort.
roll up your sleeves	work hard	You rolled up your sleeves and got the job done.
take my hat off to someone	honor someone	I take my hat off to Frank. He was the best singer of the century.
wear the pants	be in charge	She wears the pants in the family. Her husband stays home and sleeps all day.
wear your heart on your sleeve	show emotions openly	You always wear heart on your sleeve and give annual donations to charity.